

The S.A.F.E. Geriatric Neurorehabilitation Framework

Screen Early • Assess Comprehensively • Functional Interdisciplinary Intervention • Educate • Evaluate • Evolve

Discharge & Caregiver Readiness Pathway

PURPOSE

To prepare residents and caregivers for safe transition from skilled nursing to the next level of care through education and functional readiness.

PATIENT READINESS & CAREGIVER READINESS

Patient Readiness — Checklist	Complete	Caregiver Readiness — Checklist	Complete
Swallowing recommendations understood	■	Safe feeding strategies	■
Communication supports established	■	Aspiration warning signs	■
Home exercise program	■	Communication techniques	■
Medication understanding	■	Diet / IDDSI understanding	■
Safety awareness	■	Follow-up appointments	■
		Community resources provided	■

DISCHARGE PACKET

Provide individualized communication strategies, swallowing recommendations, home program, emergency warning signs, community resources, and follow-up contact information.

OUTCOME MEASURES & IMPLEMENTATION CHECKLIST

Outcome Measure	Goal	Implementation Checklist
Caregiver confidence	↑	■ Leadership approval
Readmissions	↓	■ Staff education
Adherence to recommendations	↑	■ Workflow integrated
		■ Documentation updated
		■ Audit metrics established
		■ Quarterly review