

The S.A.F.E. Geriatric Neurorehabilitation Framework

Screen Early • Assess Comprehensively • Functional Interdisciplinary Intervention • Educate • Evaluate • Evolve

Feeding Assistance Pathway

PURPOSE

Standardize safe feeding practices for residents requiring assistance to improve nutrition, hydration, dignity, and swallowing safety.

PRE-MEAL CHECKLIST & SAFE FEEDING PRACTICES

Pre-Meal Checklist	Complete	Safe Feeding Practices
Proper positioning	■	• Slow pacing
Correct diet verified	■	• Small bites / sips
Adaptive equipment available	■	• Appropriate cueing
Alertness adequate	■	• Monitor fatigue
Oral cavity checked	■	• Follow swallowing recommendations
	■	• Stop feeding if distress occurs — notify nurse / SLP

OUTCOME MEASURES & IMPLEMENTATION CHECKLIST

Quality Indicator	Goal	Implementation Checklist
Meal completion	↑	■ Leadership approval
Nutrition	↑	■ Staff education
Weight stability	↑	■ Policy integrated
Aspiration events	↓	■ Documentation updated
		■ Audit metrics established
		■ Quarterly review

EVIDENCE BASE

Evidence-informed dysphagia management • IDDSI Framework • Person-centered care • Interdisciplinary rehabilitation • Patient safety and quality improvement