

The S.A.F.E. Geriatric Neurorehabilitation Framework

Screen Early • Assess Comprehensively • Functional Interdisciplinary Intervention • Educate • Evaluate • Evolve

Frazier Free Water Protocol

PURPOSE

Provide eligible residents access to water under defined clinical criteria while reducing dehydration risk and maintaining swallowing safety.

ELIGIBILITY SCREENING & QUALITY INDICATORS

Eligibility Criteria	Complete	Quality Indicator	Goal
Clinical swallow evaluation	■	Hydration status	↑
Oral care program	■	Protocol compliance	↑
Able to follow recommendations	■	Aspiration-related events	↓
Medical stability	■	Patient satisfaction	↑
Physician approval (per facility policy)	■		

CORE PROTOCOL

Perform oral care before water intake • Administer water between meals (per protocol) • Reinforce aspiration precautions • Educate staff and caregivers • Monitor tolerance.

IMPLEMENTATION CHECKLIST

Checklist Item	Complete
Leadership approval	■
Staff education	■
Policy integrated	■
Documentation updated	■
Audit metrics established	■
Quarterly review	■

EVIDENCE BASE

Evidence-informed dysphagia management • IDDSI Framework • Person-centered care • Interdisciplinary rehabilitation • Patient safety and quality improvement