

# The S.A.F.E. Geriatric Neurorehabilitation Framework

Screen Early • Assess Comprehensively • Functional Interdisciplinary Intervention • Educate • Evaluate • Evolve

## Mealtime Safety Initiative

### PURPOSE

Improve the dining experience by standardizing safe mealtime practices that support swallowing safety, nutrition, communication, and resident participation.

### DINING SAFETY CHECKLIST & INTERDISCIPLINARY ROLES

| Dining Safety Checklist       | Complete | Discipline | Responsibilities               |
|-------------------------------|----------|------------|--------------------------------|
| Positioned at 90°             | ■        | SLP        | Swallow safety & communication |
| Correct diet served           | ■        | Nursing    | Carryover and monitoring       |
| Adaptive utensils available   | ■        | Dietary    | Meal preparation & IDDSI       |
| Communication supports        | ■        | OT         | Adaptive equipment             |
| Supervision level appropriate | ■        | Activities | Social engagement              |

### QUALITY INDICATORS & IMPLEMENTATION CHECKLIST

| Quality Indicator      | Goal | Implementation Checklist    |
|------------------------|------|-----------------------------|
| Resident participation | ↑    | ■ Leadership approval       |
| Safe meal completion   | ↑    | ■ Staff education           |
| Nutrition / hydration  | ↑    | ■ Policy integrated         |
| Meal-related incidents | ↓    | ■ Documentation updated     |
|                        |      | ■ Audit metrics established |
|                        |      | ■ Quarterly review          |

### EVIDENCE BASE

Evidence-informed dysphagia management • IDDSI Framework • Person-centered care • Interdisciplinary rehabilitation • Patient safety and quality improvement